



Clark Meadows September 2024 Activity Calendar



SEPTEMBER BIRTHDAYS



SEPTEMBER BUS TRIPS

3- Wal Mart Shopping

12- Old School-houses

19- Farm Harvest Scenic Trip

30- \$\$\$ Seneca Park Zoo

Sign up for bus trips next to the mail room.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 10:15 Catholic Communion RH 1:00 Blank Slate LR 2:00 Movie; "The Four Seasons" TVR	2 Labor Day 9:00 Day in History LR 9:30 Exercise TVR 1:00 Dominoes TVR 2:30 Knitting Club LR	3 9:00 Day in History LR 9:30 Stretch & Exercise TVR 10:00 Wal Mart Shopping Trip 12:45 Mahjongg TVR 2:00 Back to School Days Reminiscing LR 3:45 Crossword LR	4 9:00 Day in History LR 9:30 Exercise TVR 10:30 Golf Cart Rides 1:00 United Church Meeting RH 3:00 Flower Arranging MPR	5 1950s Day! 9:00 Day in History LR 9:30 Yoga w Hannah TVR 10:00 Rick Steve's England LR 11:00—2:00 CAR SHOW 12:30 Jillisa Show! GZ 2:00 Spa Nails MPR 3:45 Crossword LR	6 9:00 Day in History LR 9:30 Exercise w Mel TVR 9:30 Men's Club Coffee Cafe 1:00 Bingo MPR 3:00 Euchre w Mel TVR	7 9:00 Day in History LR 9:30 Exercise TVR 10:00 Online Lecture RH 10:30 Would You Rather? LR 11:00 Wii Games w Mary Kay LR 2:00 Movie; "Norma Rae" TVR
8 Happy Grandparents' Day! 10:15 Catholic Communion RH 1:00 Jumbo Jenga LR 2:00 Movie; "Mary Poppins" TVR National Assisted Living Week Begins!	9 Tacky Wardrobe Day 9:00 Day in History LR 9:30 Exercise TVR 10:30 Clark Meadows Residents' "My Hands" Presentation LR 1:00 Dominoes TVR 2:00 Share your Story... Reminiscing our Grandparents MPR 2:30 Knitting Club LR	10 Mary Poppins Day 9:00 Day in History LR 9:30 Stretch & Exercise TVR 10:30 NE England with Claire MPR 12:45 Mahjongg TVR 2:00 Proper English Tea Social MPR 3:45 Crossword LR	11 Patriotic Day 9:00 Day in History LR 9:30 Exercise TVR 10:30 Spa Nails MPR 1:00 Patriotic Bingo MPR 2:00 Food Committee TVR 3:00 Happy Hour with Tom Dunn DR Patio/ MPR ~9/11 display in LR all day~	12 Farmer Day 9:00 Day in History LR 9:30 Yoga w Hannah TVR 10:00 Old Schoolhouse Scenic Bus Trip 10:30 Bananagrams Game LR 12:30 Book Club TVR 2:00 Barn Quilt Painting MPR 3:45 Crossword LR	13 Angelic Mystical DAY 9:00 Day in History LR 9:30 Exercise w Mel TVR 10:30 Bingo MPR 2:00 Celebrate Clark Meadows Carnival DR Patio/ MPR 3:00 Euchre w Mel MPR	14 9:00 Day in History LR 9:30 Exercise TVR 10:00 Online Lecture RH 10:30 Book Mark Collage Craft MPR 11:00 Wii Games w Mary Kay LR 1:00 Book Club TVR 2:00 Movie; "Their Darkest Hour" TVR
15 10:15 Catholic Communion RH 1:00 Scrabble LR 2:00 Movie; "Knives Out" TVR	16 9:00 Day in History LR 9:30 Exercise TVR 10:30 'Ghost of Roseland' Review LR 10:30 Twinkie Pencils MPR 1:00 Dominoes TVR 2:00 Guess Who School Days Reminiscing MPR 2:30 Knitting Club LR	17 9:00 Day in History LR 9:30 Stretch & Exercise TVR 10:30 Java with Jenn MPR 12:45 Mahjongg TVR 1:30 Jeopardy MPR 3:30 Armchair Travel with Beth Brancato; NE States RH	18 9:00 Day in History LR 9:30 Exercise TVR 11:30 Back to School Lunch MPR 2:00 Activity Meeting MPR 3:00 Happy Hour with John Williams LR 6:30 RPO Mixer RH	19 Fall Colors Day 9:00 Day in History LR 9:30 Yoga w Hannah TVR 10:30 Spa Nails MPR 12:30 Book Club TVR 1:00 Farm Harvest Scenic Bus Trip 2:00 Fall Craft MPR 3:45 Crossword LR	20 9:00 Day in History LR 9:30 Exercise w Mel TVR 10:30 Spelling Bee MPR 11:30 Birthday Lunch PDR 1:00 Bingo MPR 3:00 Euchre w Mel MPR 3:00 Online Lecture RH 3:45 Crossword LR	21 9:00 Day in History LR 9:30 Exercise TVR 10:30 Blanket Making MPR 11:00 Wii Games w Mary Kay LR 1:00 Book Club TVR 2:00 Movie; "La La Land" TVR
22 1st Day of Fall 10:15 Catholic Communion RH 1:00 Checkers LR 2:00 Movie; "When Harry Met Sally" TVR	23 9:00 Day in History LR 9:30 Exercise TVR 10:30 In the Kitchen with Melissa MPR 1:00 Dominoes TVR 2:00 Fall Tastings MPR 2:30 Knitting Club LR	24 9:00 Day in History LR 9:30 Stretch & Exercise TVR 10:30 Historical England MPR 12:45 Mahjongg TVR 1:00 English Tea Craft MPR 3:45 Crossword LR	25 9:00 Day in History LR 9:30 Exercise TVR 10:30 Spa Nails MPR 1:00 Men's Club TVR 1:00 School Days Bingo MPR 3:00 Happy Hour with Standard Time DR Patio/ MPR	26 Purple Day 9:00 Day in History LR 9:30 Yoga w Hannah TVR 10:00 English Gardens Show LR 11:00 Memory Care Walk RH 11:30 Memory Care Luncheon (\$15 donation RSVP by 9/23) RH 12:30 Book Club TVR 2:00 Concentration MPR 3:45 Crossword LR	27 9:00 Day in History LR 9:30 Exercise w Mel TVR 10:30 Coffee Chat w Melissa MPR 1:00 Bingo MPR 3:00 Euchre w Mel MPR	28 9:00 Day in History LR 9:30 Exercise TVR 10:00 Online Lecture RH 10:30 Blanket Making MPR 11:00 Wii Games w Mary Kay LR 1:00 Book Club TVR 2:00 Movie; "The Holdovers" TVR
29 10:15 Catholic Communion RH 1:00 Monopoly LR 2:00 Movie; "Newsies" TVR	30 9:00 Day in History LR 9:30 Exercise TVR 10:30 Apple Cider and Donuts- Happy Fall!!! LR 12:30 Seneca Park Zoo Bus Trip 1:00 Dominoes TVR 2:30 Knitting Club LR	This month we travel to England! 	BACK TO SCHOOL We remember... 	September 9th-14th is National Assisted Living Week! 	Where Are the Activities? MPR: Multi-Purpose Room (2nd floor) RH: Rayburn Hall (Ferris Hills) DR : Dining Room (1st Floor) TVR: Television Room (2nd Floor) ELB: "Elbow" Area by Elevator (1st Floor) LR: Living Room (1st Floor) Patio: Front Patio (Outside CM Front Entrance) DR Patio: Back Patio Outside the Dining Room VL: Vista Lounge (Ferris Hills) GZ: Gazebo (Outside Rayburn Hall)	

Contact Beth Bingham, Lifestyle Coordinator for any questions: (585) 393-4330 or Elizabeth_Bingham@URMC.Rochester.edu. Activities run by Beth, Melissa & Hannah.